

LOWER MORELAND LIGHTNING

RECORDS LIGHTNING GIRLS

Yards-Girls

8 & U	25	Free	14.54	10-Feb-02	LMSD	CAITLIN DALY
	50	Free	34.60	2-Dec-01	LMSD	MEGAN DOUGHERTY
	100	Free	1:17.91	28-Mar-09	LMOR	ANNIE O'DARE
	200	Free	3:04.08	15-Feb-09	LMOR	ANNIE O'DARE
	500	Free	7:42.90	31-Jul-09	LMSD	ANNIE O'DARE
	25	Back	17.50	11-Jul-09	LMOR	ANNIE O'DARE
	50	Back	38.77	15-Feb-09	LMOR	ANNIE O'DARE
	100	Back	1:25.09	28-Mar-09	LMOR	ANNIE O'DARE
	25	Breast	18.29	11-Jul-09	LMOR	ANNIE O'DARE
	50	Breast	42.11	28-Mar-09	LMOR	ANNIE O'DARE
	100	Breast	1:35.24	28-Mar-09	LMOR	ANNIE O'DARE
	25	Fly	16.16	11-Jul-09	LMOR	ANNIE O'DARE
	50	Fly	36.56	28-Mar-09	LMOR	ANNIE O'DARE
	100	Fly	1:29.90	12-Aug-09	LMSD	ANNIE O'DARE
	100	IM	1:21.47	11-Jul-09	LMOR	ANNIE O'DARE
	200	IM	3:08.44	8-Jun-09	LMSD	ANNIE O'DARE
	100	Free Relay	1:03.09	10-Feb-91	LMSD	L.DAVIS/L.MARTIN/A.KANE/C.SLOWEY
100	Medley Relay	1:12.27	5-Feb-05	LMSD	A.ACKER/M.ROCCHI/G.ACKER/C.FORMICA	
9-10	50	Free	28.43	10-Feb-07	LMSD	MEAGAN DOLLARD/CHRISTINA FORMICA
	100	Free	1:02.53	15-Mar-07	LMOR	CHRISTINA FORMICA
	200	Free	2:19.51	15-Mar-07	LMOR	CHRISTINA FORMICA
	500	Free	5:59.01	10-Mar-11	LMOR	ANNIE O'DARE
	50	Back	32.15	10-Feb-99	LMSD	BETH ANN PLATT
	100	Back	1:08.86	10-Mar-11	LMOR	ANNIE O'DARE
	200	Back	2:56.77	9-Aug-06	LMSD	GABRIELLE ACKER
	50	Breast	35.24	10-Feb-07	LMSD	MARIA ROCCHI
	100	Breast	1:15.71	28-Mar-03	LMOR	DANIELLE KOUCH
	200	Breast	2:50.73	29-Jan-11	LMOR	ANNIE O'DARE
	50	Fly	29.91	8-Feb-03	LMSD	VICTORIA GILLESPIE
	100	Fly	1:13.77	10-Mar-11	LMOR	ANNIE O'DARE
	200	Fly	3:16.75	11-Aug-06	LMSD	GABRIELLE ACKER
	100	IM	1:10.04	10-Mar-11	LMOR	ANNIE O'DARE
	200	IM	2:28.39	10-Mar-11	LMOR	ANNIE O'DARE
	400	IM	5:34.68	12-Feb-11	LMOR	ANNIE O'DARE
	200	Free Relay	1:57.23	10-Feb-07	LMSD	M.DOLLARD/A.ACKER/G.ACKER/C.FORMICA
200	Medley Relay	2:08.56	10-Feb-07	LMSD	M.DOLLARD/M.ROCCHI/J.SALWACH/C.FORMICA	
11 & U	1 Meter	6 Dives	106.90	8-Dec-95	LMSD	JESSICA RANIERI
11-12	50	Free	25.09	17-Jan-09	LMSD	MEAGAN DOLLARD
	100	Free	55.09	17-Jan-09	LMSD	MEAGAN DOLLARD
	200	Free	2:01.08	13-Mar-09	LMOR	CHRISTINA FORMICA
	500	Free	5:32.79	11-Mar-10	LMOR	ALLY McHUGH
	1000	Free	12:02.77	27-Dec-08	LMOR	GABRIELLE ACKER
	1650	Free	20:01.31	27-Sep-08	LMOR	ALLISON ACKER
	50	Back	28.92	18-Mar-96	LMOR	TRISH HARM
	100	Back	1:03.08	11-Jan-09	LMSD	MEAGAN DOLLARD
	200	Back	2:17.17	13-Mar-09	LMOR	CHRISTINA FORMICA

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11-12	50 Breast	32.68	17-Mar-05	LMOR	DANIELLE KOUCH	
	100 Breast	1:10.92	17-Mar-05	LMOR	DANIELLE KOUCH	
	200 Breast	2:33.18	3-Apr-10	LMOR	ALLY McHUGH	
	50 Fly	27.02	18-Mar-96	LMOR	TRISH HARM	
	100 Fly	1:02.10	13-Nov-04	LMSD	VICTORIA GILLESPIE	
	200 Fly	2:18.29	12-Mar-09	LMOR	CHRISTINA FORMICA	
	100 IM	1:03.70	4-Apr-08	LMOR	SHANNON HARRINGTON	
	200 IM	2:17.05	13-Mar-08	LMOR	SHANNON HARRINGTON	
	400 IM	4:49.64	13-Mar-08	LMOR	SHANNON HARRINGTON	
	200 Free Relay	1:45.59	8-Feb-09	LMSD	M.DOLLARD/G.ACKER/S.McKINSTRY/C.FORMICA	
	400 Free Relay	4:04.21	7-Dec-07	LMOR	C.FORMICA/S.HARRINGTON/E.BOYES/M.DOLLARD	
	200 Medley Relay	1:57.69	8-Feb-09	LMSD	C.FORMICA/M. ROCCHI/J.SALWACH/M.DOLLARD	
	400 Medley Relay	5:04.07	11-Aug-06	LMSD	M.HARRINGTON/D.CINQUE/S.HARRINGTON/M.RAFFERTY	
	12-14	1 Meter 6 Dives	203.45	13-Nov-10	LMSD	CAROLYN HOWARD
13-14	50 Free	24.33	26-Mar-09	LMOR	MEAGAN DOLLARD	
	100 Free	53.74	26-Mar-09	LMOR	MEAGAN DOLLARD	
	200 Free	1:58.61	10-Mar-11	LMOR	CHRISTINA FORMICA	
	500 Free	5:19.22	10-Dec-10	LMOR	ALLY McHUGH	
	1000 Free	12:15.85	11-Oct-08	LMSD	SHANNON HARRINGTON	
	1650 Free	18:02.04	31-Mar-11	LMOR	ALLY McHUGH	
	50 Back	29.04	10-Feb-07	LMSD	JENNIFER BRENNAN	
	100 Back	1:00.49	18-Mar-98	LMOR	KATIE PETERSON	
	200 Back	2:10.53	25-Mar-10	LMOR	CHRISTINA FORMICA	
	50 Breast	31.80	13-Nov-10	LMSD	MARIA ROCCHI	
	100 Breast	1:07.69	22-Jan-10	LMOR	SHANNON HARRINGTON	
	200 Breast	2:24.27	11-Mar-10	LMOR	SHANNON HARRINGTON	
	50 Fly	27.10	7-Oct-06	LMOR	VICTORIA GILLESPIE	
	100 Fly	59.34	8-Feb-09	LMSD	SARAH HAMMER	
	200 Fly	2:11.93	25-Mar-10	LMOR	CHRISTINA FORMICA	
	200 IM	2:11.63	1-Apr-11	LMOR	ALLY McHUGH	
	400 IM	4:34.19	1-Apr-11	LMOR	ALLY McHUGH	
	200 Free Relay	1:42.08	23-Jan-09	LMOR	M.DOLLARE/ M.HARRINGTON/S.HARRINGTON/S.HAMMER	
	400 Free Relay	3:51.57	10-Mar-06	LMOR	J.BRENNAN/M.HERBERT/D.KOUCH/V.GILLESPIE	
	200 Medley Relay	1:53.02	10-Feb-07	LMSD	J.BRENNAN/D.KOUCH/V.GILLESPIE/C.DALY	
	400 Medley Relay	4:12.19	12-Mar-09	LMOR	K.CONALLEN/M.ROCCHI/S.HARRINGTON/M.DOLLARD	
	15 & O	50 Free	24.64	26-Mar-09	LMOR	VICTORIA GILLESPIE
		100 Free	52.45	11-Mar-09	LMOR	VICTORIA GILLESPIE
200 Free		1:54.05	4-Nov-06	LMSD	LAUREN SYLVESTER	
500 Free		5:26.70	15-Mar-07	LMOR	SARA KUHN	
1000 Free		11:45.20	8-Jun-09	LMSD	JENNIFER BRENNAN	
1650 Free		19:36.78	27-Sep-08	LMSD	JENNIFER BRENNAN	
50 Back		27.21	26-Mar-09	LMOR	JENNIFER BRENNAN	
100 Back		58.10	20-Mar-09	LMOR	JENNIFER BRENNAN	
200 Back		2:06.84	26-Mar-09	LMOR	JENNIFER BRENNAN	
50 Breast		31.01	22-Mar-07	LMOR	MARY ANNE LERRO	
100 Breast		1:05.53	11-Mar-09	LMOR	DANIELLE KOUCH	
200 Breast		2:27.55	28-Mar-07	LMOR	MARY ANNE LERRO	
50 Fly		27.17	13-Nov-10	LMSD	SHANNON HARRINGTON	
100 Fly		55.79	11-Mar-09	LMOR	VICTORIA GILLESPIE	

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15 & O	200 Fly	2:13.99	20-Mar-09	LMOR	JENNIFER BRENNAN
	100 IM	1:01.39	21-Jul-07	LMOR	MARY ANNE LERRO
	200 IM	2:11.59	10-Dec-10	LMOR	SHANNON HARRINGTON
	400 IM	4:43.40	20-Mar-09	LMOR	JENNIFER BRENNAN
	1 Meter 6 Dives	221.00	6-Jan-07	LMSD	ILANA ZEISES
	200 Free Relay	1:41.80	29-Mar-09	LMOR	V.GILLESPIE/M.HERBERT/M.HARRINGTON/M.DOLLARD
	400 Free Relay	3:38.30	28-Mar-09	LMOR	V.GILLESPIE/M.HERBERT/S.HAMMER/M.DOLLARD
	200 Medley Relay	1:49.89	28-Mar-09	LMOR	J.BRENNAN/S.HARRINGTON/T.GILLESPIE /M.DOLLARD
	400 Medley Relay	3:59.29	29-Mar-09	LMOR	J.BRENNAN/S.HARRINGTON/T.GILLESPIE /M.DOLLARD